

ACADEMIE LAFAYETTE LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
1-May	2-May	3-May	4-May	5-May
LS Hamburger Patty RF/RS Sliced Cheese WG Hamburger Bun Grapes Broccoli Sweet Potato Fries Choice of Milk Mustard pc Ketchup pc	Whole Grain Chicken Nuggets Banana Mashed Potatoes Corn LS Chicken /Gravy Choice of Milk	Meatball Grinder w/Marinara Shredded Mozzarella Cheese WG Hot Dog Bun Romaine Salad Mix Grapes Cherry Tomatoes Choice of Milk FF Ranch Dressing pc	Chicken Taquito Meat in Salsa WG Flour Tortilla Mexican Rice Banana Beans Choice of Milk	Sloppy Joe Manwich WG Hamburger Bun Pear Corn Potato Trilater Choice of Milk Ketchup pc
8-May	9-May	10-May	11-May	12-May
WG Corn Dog Apple Baked Beans Broccoli Choice of Milk Mustard pc Ketchup pc	Taco Meat Tortilla Chips Indv. Bag Orange Beans Salsa Shredded Lettuce Choice of Milk	LS Hamburger Patty RF/RS Sliced Cheese WG Hamburger Bun Grapes Broccoli Sweet Potato Fries Choice of Milk Mustard pc Ketchup pc	Baked Chicken Thigh White Wheat Dinner roll Banana Mashed Potatoes Green Beans Choice of Milk LS Chicken Gravy	WG Cheese Pizza Grapes Corn Tritator Choice of Milk Ketchup pc
15-May	16-May	17-May	18-May	19-May
Beans Tostada Shells Mexican Rice Fruit Salad Salsa Avocado Shredded Lettuce Choice of Milk	WG Spaghetti & Meatballs White Wheat Dinner Roll Orange Romaine Salad Cherry Tomatoes Choice of Milk FF Ranch Dressing	Hoagie Sandwich RF/RS Slice American Cheese WG Hoagie Roll Grapes Fresh Cauliflower Fresh Baby Carrots Fresh Broccoli Choice of Milk FF Ranch Dressing pc	Whole Grain Chicken Nuggets Banana Mashed Potatoes Corn LS Chicken Gravy Choice of Milk	Taco Meat Tortilla Chips Indv. Bag Mexican Rice Apple Beans Salsa Shredded Lettuce Choice of Milk
22-May	23-May	24-May	25-May	26-May
WG Chicken Patty WG Hamburger Bun Apple Sliced Carrots Asparagus Choice of Milk Lite Mayonnaise pc	WG Penne Pasta w/meatsauce WWW Bread Orange Romaine Salad Cherry Tomatoes Choice of Milk FF Ranch Dressing pc	Turkey Dog Chili & Beans WG Hot Dog Bun Apple Corn Sweet Potato Fries Choice of Milk Ketchup pc	Beef Ravioli White Wheat Dinner Roll Orange Romaine Salad Cherry Tomatoes Asparagus Choice of Milk FF Ranch Dressing pc	WG Cheese Pizza Grapes Corn Tritator Choice of Milk Ketchup pc
29-May	30-May	31-May		
MEMORIAL DAY NO SCHOOL	Whole Grain Chicken Nuggets Pineapple Tidbits Mashed Potatoes Corn LS Chicken Gravy Choice of Milk	Hoagie Sandwich RF/RS Slice American Cheese WG Hoagie Roll Grapes Fresh Cauliflower Fresh Baby Carrots Fresh Broccoli Choice of Milk FF Ranch Dressing pc	<u>Choice of Milk</u> 1% White Milk or Skim Chocolate Milk <u>Abbreviations</u> WG = Whole Grain WWW = White Whole Wheat WW = Whole Wheat RF = Reduced Fat RS = Reduced Sodium	